

AGE OF RAGE

Pt. 1

“...it (Love) is not easily angered...” *1 Corinthians 13:5 (NIV)*

“The fool who provokes his family to anger and resentment will finally have nothing left...” *Proverbs 11:29 (LB)*

WHAT TO DO WHEN I AM ANGRY?

1. _____ **My Anger**

“So stop telling lies. Let us tell our neighbors the truth, for we are all parts of the same body. And ‘don’t sin by letting anger control you.’ Don’t let the sun go down while you are still angry.”

Ephesians 4:25-26 (NLT)

2. _____ **My Anger.**

“People with understanding control their anger; a hot temper shows great foolishness.” *Proverbs 14:29 (NLT)*

3 PHASES OF CONFLICT

Phase 1 _____

Phase 2 _____

Phase 3 _____

“Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior.” *Ephesians 4:31 (NLT)*

WHY AM I ANGRY?

We get angry when we feel...

- * _____
- * _____
- * _____
- * _____

“Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry. Human anger does not produce the righteousness God desires.” *James 1:19-20 (NLT)*

Coach Brock Bible Challenge:
